



Frequently Asked Questions STRIVE Day Program:

Q: Do you offer a trial day at STRIVE:

A: Yes. Trials typically take place Monday-Thursday from 12-2pm. There is a one-time \$125.00 trial fee.

Q: What do I need to bring to the trial?

A: Please be sure to bring a copy of your insurance card, lunch, and any medical paperwork or information. We will have you sign a consent form the day of the trial.

Q: What does a typical day at STRIVE look like? Do the members go in to the community?

A: STRIVE is an active, structured skill building day program. We take pride in ensuring our members access the community every day, and continue to build upon or create new skills to reach their fullest potential or fulfill their dreams. We focus on enriching social and life skills, community inclusion, age appropriate activities, and most importantly, remaining person centered by providing a variety of activities to choose from.

Q: What is the age range of individuals who supports?

A: STRIVE Day Program supports individuals 21 and older with intellectual and developmental special needs.

Q: Do you offer residential supports?

A: Yes, Disability Support Services operates community residences (group homes) through Bergen, Passaic, and Essex counties. For more information, please call 201-261-2800.

Q: Is STRIVE a medical day program?

A: No, STRIVE is not a medical day program.

Q: Do you have a nurse on site?

A: Disability Support Services' team of nurses provides nursing oversight and case management to our community residences and day program. A nurse is accessible via cell phone during business hours, however, they are not always onsite.

Q: Does STRIVE offer 1:1 support in the adult day programs?

A: STRIVE assesses the support needs of each member on a case by case basis. Through the admissions process, each member is assessed to determine a safe level of support and whether STRIVE is able to provide the necessary supports.

Q: Does STRIVE provide transportation?

A: STRIVE's catchment area is 7 miles from our program headquarters. If you reside outside the catchment area, please contact your Support Coordinator to make other transportation arrangements.

Q: Do you provide adult day programming for seniors with a cognitive decline, such as Alzheimer's or dementia?

A: While some of the individuals we serve are considered senior citizens, we do not provide specialized services for seniors who have a cognitive decline.

Q: What is process of admissions and how long does it generally take?

A: There are several steps in the admissions process, which minimally includes touring the site, meeting with the director, reviewing the individual's ISP and PCPT, and completing an application. This process from the initial inquiry to the actual start of supports can generally takes a minimum of 6 weeks to 3 months but can take several months longer depending on a variety of factors.

Q: How do I get funding for supports?

A: Children's Aid and Family Services is an approved provider through the Department of Human Services (DHS), Division of Developmental Disabilities (DDD) and Department of Children and Families (DCF). The large majority of those who receive supports from STRIVE are funded through reimbursement from Medicaid. A very small portion of individuals choose to private pay for services, but this is not financially feasible for most people for an extended period of time. For more information on Medicaid and DDD eligibility, please visit:

<https://nj.gov/humanservices/ddd/home/>

Q: I'm interested in a tour and need more information. Who do I contact?

A: Please complete a tour request at [link to tour request on website], or contact our Director of Adult Day Program & Supports at 201-740-7034, or at strive@cafsnj.org.

Q: Is Children's Aid and Family Services an approved provider through the Department of Human Services?

A: Yes, Children's Aid and Family Services is an approved provider through the Department of Human Services (DHS), Division of Developmental Disabilities (DDD) and Department of Children and Families (DCF).

Q: What days/hours do you operate?

A: STRIVE is open Monday-Friday, 8:30am-2:30pm, year round. We provide a schedule to all members, which indicates the holidays and training days we are closed.

Q: Does STRIVE provide behavioral supports?

A: Yes, STRIVE provides behavior supports to member in the day program, as needed. We have a professionally trained team of behaviorists, led by our Director of Behavioral Supports, to help implement positive strategies and interventions to make our members as successful as possible.

Q: What training do your support coaches have?

A: Our support coaches are training in CPR, First Aid, and Non-Violent Crisis Intervention. In addition, before supporting our members, our support coaches must complete a series of state mandated and required training to prepare them to work with individuals with special needs.